

WE CARE



WE SHARE

A Letter From Our President

First, I would like to thank David Shirey for his years of service to the Food Bank as President of the Board. Thankfully, David has agreed to stay on the Board and I am grateful to have his continued participation and counsel. David's leadership and commitment to the Food Bank have been especially vital during these years of tremendous growth and change. Under David's direction, we are now in our expanded facility and are better able to meet the ever-increasing needs of those struggling in the current economy.

This is an exciting time for the Food Bank and I look forward to participating in further growth and development. I want to see the Food Bank continue to grow in visibility and support from individuals and businesses in the community. This will enable us, in turn, to expand the ways in which we can help our clients. Providing emergency food will always be our #1 mission, but how much better to also help them change their lives so that they can manage on their own. Every day we are seeing

more and more families approach the Food Bank for assistance. Our amazing donors continue to help us meet the needs, but the demand is always there.

I look forward to working with Pam, the heart of the Food Bank, along with the Board and our wonderful group of volunteers, to expand the mission of the Food Bank and increase our ability to serve.



Jeanne Panhorst
President, Foothills Food Bank

Adopt - a- Family

Thanks to the hundreds of donors who chose to make a difference this Christmas by taking part in the Adopt-a-Family program. Because of their generosity and willingness to spread joy, they made Christmas possible for 204 families.

Many families in our community struggle financially - especially around Christmas time. For those down on their luck, it's not just about the gifts and holiday dinner, it's knowing that there are people who care.

Please keep this program in mind for next Christmas



- it's a rewarding way to celebrate Christmas and the spirit of giving.

The Adopt-a-Family program would like to thank the organizations that helped to make this program such a huge success: Kiwanis, Salvation Army, St. Vincent dePaul, St. Gabriel's and Our Lady of Joy Parishes, Desert Foothills Presbyterian Church, Light of the Desert Church, Foothills Community Foundation, Caring Corps, Foothills Food Bank, the Rotary Club, Carefree Fire Dept. and the American Legion.

We are grateful to all the service organizations that were involved with this program and we hope to join forces on many more charitable endeavors.



480-488-1145
6920 Cave Creek Road
Cave Creek, Arizona 85331

Mailing address:
PO Box 715
Carefree, AZ 85377

www.foothillsfoodbank.com

MISSION STATEMENT

Assist individuals and families in need with food, referral information and other emergency services.

2010 BOARD OF DIRECTORS

President - Jeanne Panhorst
Vice President - Rev. Robert Hutson
Secretary - Rev. David Shirey
Treasurer - Sister Patt Smith, OP
Past President - Rev. David Shirey
Director - Jane Babendure
Director - Allan Babendure
Director - Heather Barrolaza
Director - Robert Bean
Director - Mary Schoenoff
Ex-Officio - Pam DiPietro
Newsletter Editor - Toni DiJorio

OPERATING HOURS

Mornings - Mon. Tues. Wed. 9am – noon
Afternoons - Thurs. Fri. 1– 4pm
Evenings - Tues. Thurs. 5– 8 pm
1st Sat. of month - 9am - noon

Care Club

1st Wednesday of month 12:30-4:30 pm
3rd Thursday of month 12 - 8 pm

HOW FOOTHILLS FOOD BANK HELPS

The North Valley is often thought of as an area of well-to-do suburbs with middle to upper class residents who are getting along just fine. Pleasant urban surroundings disguise the fact that many North Valley residents are barely making ends meet in today's economic environment.

Any crisis, such as a loss of job, a pay cut, a number of medical bills and the fact that people just don't have any extra savings available, will bring people to the food bank.

Did you know that it takes about **30 pounds of food valued at \$64 to feed one person for 3 days?**

Satellite Store in Anthem

Konia Cafe (located inside Crossroads Church)

42201 N. 41st Dr., Phoenix, 85086

Place order on Tuesday between 9-11am

Pick up on Thursday between 12-2 pm

FOOTHILLS FOOD BANK PROGRAMS

In addition to helping needy families on a daily basis, Foothills Food Bank (FFB) administers two additional food programs.

CARE CLUB

The *Care Club* helps people stretch their food dollars. A meat package, valued at \$45, can be purchased for \$15. A pantry package, valued at \$40, can be purchase for \$10 on a monthly basis. Pre-registration for Care Club is recommended. Care Club hours are 12:30 - 4:30 p.m. on the first Wednesday of each month and noon to 8 p.m. on the 3rd Thursday of each month.

FOOD PLUS

Food Plus provides a free food package to pregnant, nursing and postpartum mothers; to children up to 6 years old; and to seniors. Qualifications for this program are based on monetary guidelines. Please call Foothills Food Bank (480-488-1145) for details.

Did you know?

In 2009 Foothills Food Bank volunteers worked a total of 8,371 hours.

Thanks for the memories

I am completing my fourth year as Foothills Food Bank President this month and handing the gavel to Jeanne Panhorst.

These have been four full and fulfilling years, to say the least. When I called my first board meeting to order in January 2006, we had served 79 clients the previous month with 253 persons in the households we served. All told, we distributed 2,256 pounds of food. Sixty-eight donors brought in 6,391 pounds of food. Back then, of course, we served our community out of our 600 square foot office space at the top of the hill, space sufficient for our needs.

Compare those numbers with last month (December 2009). We served 266 clients with 993 persons in their households - 28,001 pounds of food went out the door; 329 donors provided us with 34,150 pounds of food. Though we served our clients out of 1,000 square feet of space, every square foot is maximized—we need more space.

Frankly, the number comparison is staggering. Need has quadrupled in four years' time. Thankfully, the number of volunteers at the Food Bank has increased dramatically as well. Having volunteered now myself for eight years, I think I know why. Serving

others is the fundamental motivation, of course. But I've also found the Food Bank an enjoyable place to be. Volunteers are by-and-large kind-hearted folks, our clients are invariably appreciative of what we're doing (and say so) and Pam DiPietro is never without a warm smile, a sincere expression of gratitude, and unfathomable depths of calm and patience.

This is all to say it's been a pleasure and privilege to serve as your President for two terms. I'm not going anywhere. I'll be remaining on the Board as Secretary, I'll continue my once-a-month trek to Care Club to help with the unloading and packaging, and I'll continue to solicit in-kind food offerings at my church each month as well as financial donations from the wider community.

It may be a volunteer board, but I'm stepping down as a very rich man for my tenure of service—having acquired a wealth of friends as well as the inestimable pleasure that comes from playing even a small role in making the Foothills a better, more caring place to live for *all* its citizens.

Thanks for all you've done these past years to contribute to the Food Bank. I trust your life has been enriched as well.

Pastor David Shirey
President

Celebrate Fat Tuesday at Harold's

Harold's will be hosting an authentic Mardi Gras Party as a fundraiser for the Foothills Food Bank on Tuesday, Feb. 16. Let's show our appreciation and support while we eat, drink and dance the night away.



MARDI GRAS PARTY ♦ FAT TUESDAY

Tuesday, Feb. 16

6 p.m. - 1 a.m.

\$13.99 Authentic Mardi Gras Buffet

Crawfish, Oysters, Jambalaya, Chicken Gumbo
Shrimp Etouffee & much more

Mardi Gras Costume Contest

Most Beads Awards

Crawfish Eating Contest

Swing Dance Lessons

Live Music by 52nd Street Jazz Band and
Daisy Train

For reservations call Harold's: 480-488-1906



Shop for the Foothills Food Bank

Listed here are items we are always in need of. If you can help, please drop off any of these items to the FFB. If you have questions or need additional information, please call us at 480-488-1145.

Food Items

Canned fruit
Canned tuna, meat
Canned soups
Canned chili, stew
Canned diced tomatoes
Peanut butter & jelly
Macaroni & cheese
Spaghetti sauce

Powdered milk
Pasta, dry or canned
Breakfast cereal
Refried beans
Rice
Cooking oil, small bottles
Non-Perishable Items
Diapers (large sizes)
Laundry soap

Bar soap
Toilet tissue
Face tissue
Toothpaste/brushes
Deodorant
Shampoo
Paper towels
Shaving gear

